

# Emergency Action Plan



## UWA Cross Country/ Track

EMERGENCY PLAN: Lake LU and Track Locker Rooms

**Emergency Personnel:** Certified Athletic Trainers, Team Physicians (if present), Athletic Training Students, Event Management and Coaches.

**Emergency Equipment:** AED (*Located in 1<sup>st</sup> Base Dugout of Tartt Field*)

**Emergency Communication:** Emergency Personnel's Cell Phones or Landline inside Track Locker Room

### EMERGENCY PLAN RESPONSIBILITIES

#### 1. Certified Athletic Trainer

- A. Immediate care of injured/ill student-athlete; assess situation
- B. Activate Emergency Medical System (EMS)

#### 2. Athletic Department Staff/Coach/Student A

- A. Instructed to **CALL 911** by Certified Athletic Trainer
- B. When calling the EMS, give the following information:

- I. **Identify yourself** (My name is \_\_\_\_\_ . I am a \_\_\_\_\_ (Title) \_\_\_\_\_ at the University of West Alabama. We have an emergency (describe i.e. spinal injury, heat stroke, cardiac) at the track locker rooms located across from the baseball field UWA)
- II. **Give campus location of injured athlete** (ex. Inside fence) Inform the ambulance service that Athletic Department Staff/Student B will meet the ambulance at the entrance to Lake LU on Lake Dr. and direct them to the injured athlete.
- III. **Inform them of what injury is suspected**, which signs and symptoms are present, or current state of athlete. (WE SUSPECT THE ATHLETE HAS...)
- IV. **Ask if any other information is needed.**
- V. **Only hang up when instructed to by EMS.**
- VI. Ensure injured athlete's **insurance information and relevant past medical history accompanies patient** to Hospital.
- VII. UWA Personnel/ Coach will **accompany the athlete** in the ambulance to the hospital.

#### 3. Athletic Department Staff/Coach/Student B

- A. This person will go to ensure that all gates are opened, paths are clear, and meet the ambulance at designated entrance to direct them to the injury site. (entrance of baseball parking lot by the Lake LU boat rental office.)

#### 4. Athletic Department Staff/Coach/Student C

- A. Retrieve any needed emergency equipment and return to scene to assist Certified Athletic Trainer with care

# Emergency Contact List

Emergency Number	911
Hudson Byrnes, MS, ATC: Head Athletic Trainer	601-529-1582
R.T. Floyd Athletic Training & Sports Medicine Center (Homer Fieldhouse)	205-652-3450
Campus Police	205-652-3602
Livingston Fire Department	205-652-9777
Livingston Police Department	205-652-9525
Rush Foundation Hospital (Meridian, MS)	601-483-0011
Anderson Regional Medical Center (Meridian, MS)	601-693-2511
Poison Control	800-222-1222

